

Dietitians and Nutritionists

Susan Barum, RD, CDE

Specialty: Certified diabetes educator.
Manages all areas of medication nutrition
for all ages
6400 Arlington Blvd Suite 940
13135 Lee Jackson Memorial Highway
Falls Church, VA 22042
Fairfax, VA 22033
ph: 703-999-6290

MKB Nutrition

Michelle Berman, MS, RD
Specialty: Children and adolescent weight
management, tailored wellness program,
individualized and family counseling,
nutrition kitchen, menu analysis,
supermarket tours, home cooking classes,
kids cooking parties
131 Church Street NW Suite 3
Vienna, VA 22180
ph: 703-504-8702

For the Health of It!

Nicole Brown MS, RD, HFI
Specialty: Individual and family counseling
to promote lifelong health with an
emphasis on weight management,
cardiovascular health, hypertension,
diabetes, exercise prescriptions, fitness
evaluations, metabolic measurements,
pediatric nutrition, and sports nutrition.
ph: 703-596-4412

6305 Cardinal Hill Place
Springfield, VA 22152

1020 19th NW Suite 450
Washington D.C. 20036

Elizabeth Holm DrPH, RD

Specialty: Eating disorders, family-based
treatment of anorexia nervosa, failure to
thrive, childhood eating, sports nutrition,
and weight management for adults and
children
2560 Huntington Ave Suite 302
Alexandria, VA 22303
ph: 571-215-0104

Fairfax Dietetics

Deborah Jeffery, RD
Specialty: Nutrition counseling, weight loss
services, wellness and nutrition, corporate
nutrition programs, metabolic testing,
pediatric nutrition
1800 Michael Faraday Drive Suite 201
Reston, VA 20190
ph: 703-201-1184

Pinney Davenport Nutrition

Specialty: anorexia nervosa, bulimia
nervosa, binge eating disorder, and
ARFID. We also work with picky eating
and other family nutrition concerns.
ph: 202-997-6372

1101 30th Street NW Suite 250
Washington D.C 20007

1495 Chain Bridge Road Suite 202
McLean, VA 22101

4910 Massachusetts Ave NW Suite 314
Washington D.C 20016

Dieticians and Nutritionists

**Cynthia Palmerino MS, RDN, CLC,
ACE-CPT**

Specialty: Diet and nutrition, weight management, cholesterol, diabetes, pediatric nutrition
Alexandria, VA 22308
ph: 858-298-2565

Teri Travi RD, LD, CSP

Specialty: Abdominal pain, anemia, anorexia nervosa, beriberi, binge eating disorder, bulimia nervosa, celiac disease, childhood obesity
8644 Sudley Road Suite 315
Manassas, VA 20110
ph: 703-369-8405

Maryam Dadkhah PhD, RDN, CPT

Specialty: Weight management (pediatrics and adults), cardiovascular disease, gastrointestinal disorders, diabetes treatment and prevention, high blood pressure treatment and prevention, eating disorders, renal diet, and food allergies.

6354 Walker Lane Suite 103
Alexandria, VA 22310
ph: 703-794-5375

46165 Westlake Drive Suite 200
Sterling, VA 20165
ph: 703-988-7402

8321 Old Courthouse Rd Suite 215
Vienna, VA 22182
ph: 703-794-5402

5101A Backlick Rd
Annandale, VA 22003
ph: 703-794-5643

Maryland Nutrition and Diet Services

Arnetta Fletcher PhD, RDN, LDN
Specialty: Individual and group counseling, food and nutrition services, business to business services
1301 West 7th Street No. 1607
Frederick, MD 21702
ph: 240-344-8003

CenterDNutrition

Specialty: CenterDNutrition LLC provides pediatric and adult nutrition services, specializing in all types of eating disorders, sports nutrition and weight management.
4801 Wisconsin Ave N.W.
Suite 506
Washington, DC 20016
ph: 301-758-4860

Capital Pediatric Nutrition

Brittany Shapiro, RD
brittany@capitalpediatricnutrition.com
Ph: 202-643-3126
Fx: 240-241-6442
Washington, D.C., Maryland and Virginia