



# Pediatric Associates of Alexandria

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Parent(s) can visit [www.pedsalex.com](http://www.pedsalex.com) to find information pertaining to initial appointments. The forms can be located under the “Forms” banner on the website. Parent(s) will need to scroll downwards to “Behavioral Health Forms for Therapy”. The Initial therapy intake form is required to be completed prior to the start of appointment. It can be emailed to [staff@pedsalex.com](mailto:staff@pedsalex.com) and/or brought into the office during initial appointment. During the initial appointment, both parent(s) and patient will need to be present for the assessment. In the assessment, the therapist will ask a series of questions which are necessary to begin therapy sessions. The initial therapy intake form will also be reviewed at this time. This will be a great time for parents and/or patient to ask any questions they may have prior to beginning therapy. At the end of the initial visit, subsequent visits may be scheduled. For subsequent visits, its only required that the patient attend, however, the parent(s) may attend if they wish. Both initial therapy and subsequent visits are sixty (60) minutes in length.

Parent(s) and patient should arrive fifteen (15) minutes prior to the appointment start time to complete any intake paperwork. The intake paperwork can also be found at the same location as the initial therapy intake form. The intake forms will consist of “Patient Registration and Agreement (minors)” and “Patient 18 yrs and over Registration and Agreement” (if patient is over 18 years of age). If parent(s) /patient will desire telemedicine appointments in the future, the “Telemedicine Consent Form for Therapy” form can also be completed. This decision does not need to be made prior to the initial appointment. If parent(s) /patient would like to request that therapist speak with a representative from an outside organization (school, previous therapist, hospital, facility, etc), The “Release of Information” form is available to be completed. This decision can also be made during the course of treatment, it is not required that this form be completed prior to initial therapy session.

Sincerely,  
Mental Health Department  
Pediatric Associates of Alexandria